



Living Waters is a Christ-centered discipleship and ministry program for men and women seeking healing in areas of sexual and relational brokenness including pornography addiction, codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships. Our next program is starting soon.

Frequently asked questions about Living Waters...

I don't struggle with same-sex attraction. Is Living Waters still for me? Yes! Everyone in the body of Christ can benefit from Living Waters. Living Waters is for a wide variety of sexual sin and relationship struggles. We hear many testimonies from men and women who have struggled with heterosexual issues such as pornography addiction, codependency, and promiscuity; who have found freedom through the program. Others have found freedom from struggles such as the effects of abuse, food addiction and self-hatred.

Is Living Waters group therapy? Living Waters is a peer ministry, discipleship program and not professional therapy. Our leaders have all overcome their own battles with sexual and relational brokenness and are free to share their journeys with the participants in a way that professional therapists do not. This helps us walk towards Jesus together in a way that personalizes our recovery and brings deep freedom.

What is the difference between Living Waters and Celebrate Recovery? Celebrate Recovery is a wonderful 12-step program that has helped many men and women begin their recovery journey. Many of our participants have told us how Living Waters has deepened the healing they have received in Celebrate Recovery. Living Waters small groups are interactive and the teachings go much deeper on the root issues of our sexual and relationship struggles through Biblical, in-depth studies of issues like the mother and father wound, the effects of abuse, the cross and confession, forgiveness, and an examination of God's design for our genders. It helps us better understand who we are in Christ and live according to our God given calling in our local church and the greater body of Christ.

Why is Living Waters 24 weeks long? Living Waters is established as a safe place with enough time set aside to work on some very difficult, and sometimes painful, life issues. We know from our own experience that this time commitment is a necessary blessing that helps to bring many victories.

Why does Living Waters have a \$495 tuition rate? Living Waters cost less than \$21 per week. This is considerably less than counseling and therapy co-pays, and substantially less than many of us have spent on our addictions. We have found that people who make a financial investment in their recovery are far more committed to their recovery when things get tough. The tuition also helps filter out people who aren't serious about their recovery or who have dishonorable intentions. Living Waters graduates will tell you that the benefits have far outweighed the costs.

Will I be completely "fixed" at the end of the 24 weeks? Recovery and transformation into the fullness of Christ is a life-long journey. No program of any length can bring the complete restoration that Jesus Christ desires to give. Our primary goal for each participant is that they gain a deeper understanding of who they are in Christ. This leads to deeper healing of the root issues of their struggle, and empowers them to live a holy life. Participants will also learn tools to help them in their recovery and deepen their connection to the Body of Christ.

How long has Reconciliation Ministries been offering Living Waters? Reconciliation Ministries has been partnering with faith communities to help men, women, and adolescents overcome sexual and relational brokenness since 1984. We have been offering the Living Waters program since 1995.



If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Call us and ask about attending the next Living Waters program. (586) 739-5114

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