

Lives Are Changed through the Living Waters Program.



Living Waters is a Christ-centered discipleship/ministry program for men and women seeking healing in areas of

sexual and relational brokenness; including pornography addiction, codependency, sexual addiction, homosexuality, sexual ambivalence, childhood sexual abuse, transgender issues, and difficulty in establishing and sustaining healthy relationships. Our next program is starting soon.

Here are some powerful testimonies from participants who had their lives changed through the power of Jesus Christ in the Living Waters program. They are used with the permission of the participants.

Living Waters saved my marriage.

A female participant.

I am closer to God as a result of Living Waters. I see Him more clearly in my past, anticipate Him more certainly in my future, and follow Him more peacefully in the now.

A male participant.

Through Living Waters I learned that I am a survivor, not a victim.

A female participant.



When I first came to Living Waters, I was a complete mess. I struggled in my marriage. I felt like a terrible mother. I had major trust issues. I knew that my problems stemmed from being repeatedly molested by my cousin from the ages of three to five. I just could not stop my brokenness from ruining my life. I learned a lot of tools here at Living Waters. And God has used Living Waters to change me into a better wife and mother. I am no longer controlled by my brokenness. Living Waters saved my marriage.

A female participant.

Living Waters has helped me to become a more honest person – with God and others. I am less afraid of failure and weakness than I was before Living Waters began. I am more willing to admit my weakness, doubts, and my need for help to God and others. God has begun a much needed work of humility through this program.

A male participant.





For most of my life I grew up in an environment of neglect and a lack of responsibility. When my parents were married, there was a clear pattern of physical and verbal abuse. After they divorced, my mother was very controlling and focused on perfection. This led me to be uninterested in doing well in anything. My father didn't really want to be a father, but he agreed to pick me up every other weekend because it would reduce the child-support he had to pay. He was uninterested in being a dad for the most part.

As time went on I felt more and more alone and turned to escape mechanisms to get away from my negative feelings. I turned to porn and video games mostly, jumping into fantasy worlds where I was the most important person and could have control. I didn't think about the negative impact porn had on my life until I married my wife in 2013. I expected marriage to take away all the problems. I fully expected that the desire to watch porn would disappear. It got worse. My wife and I had pretty bad fights every week for the next seven months, and at one point I just broke and explained what was going on. She was incredibly hurt and filed for divorce. She said I had six months to show a major improvement or she would go through with the divorce. We fought almost every day in the worst possible way. I went to a therapy-based program that gave me some tools to fight my temptations, but something was missing.

I decided to come to Living Waters after my wife heard one of the leaders speak at my church. At first it was challenging, but it became apparent that Living Waters was a place where I could begin to find real healing and connect with God. I began to learn how to surrender and begin to heal. Living Waters changed my life. It goes beyond a therapy regimen and allows for real healing. My relationship with God has never been better or more important in my life. My marriage can finally be described as "happy" and we have never been closer. My personal relationships have improved. I feel more motivated in my work, and I have finally have a feeling of contentment in life and in God's plan.

A male participant.



I came into Living Waters with deep pain in my heart, a heart that had hardened towards men and I didn't want to live in this hurtful, deceitful and sinful world. I wanted to die and take the easy way out. I wanted peace – no more pain and abuse. No tears. No sorrow. No more hurting. Through the deep healing lessons I have to admit that my heart is softening some to men. I don't immediately label all men as bad. I haven't thought of wanting to die in a while. I wake up every morning and say, "Good morning, Lord". I have not gotten to the point that I love living – but I have gotten out of my first thoughts of, "I want to die." I am on a new journey with peace growing in my heart towards men.

I also started out the first week in Living Waters saying, "I don't know if this program is for me." Now, 24 weeks later, I believe everyone needs to take this program for inner healing and to understand where the pain comes from. Ultimately, to get to know the Great Healer, Jesus. I deeply long to be in the arms of my Lord – but I think I'll stick around this alien world and do the work and calling that God created me to be and to do until He calls me home.

A female participant.



If you or someone you love is struggling with sexual or relational difficulties, there is hope and healing through the power of Jesus Christ. Call us and ask about attending the next Living Waters program. (586) 739-5114